Shea Physical Therapy | Hand Therapy Services OF CORPUS CHRISTI

Patient Registration Form – Lymphedema - Commercial

Patient Name:	Preferred:
Address, City, State, Zip:	
DOB:	Social Security #:
Email Address:	
Home Phone:	Appointment Reminder Method
Cell Phone:	☐ Home Phone ☐ Cell Phone
Work Phone:	☐ Work Phone ☐ Email
Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed	Partner's Name:
Financial Responsibility: ☐ Self ☐ Other Please List:	
2nd Contact Name/Address:	
2nd Contact Phone:	Relation:
General Physician:	Referred By:
Have you had Physical Therapy treatment since January of this year? ☐ Yes ☐ No	If yes, # of Visits:
Have you had Chiropractic treatment since January of this year? ☐ Yes ☐ No	If yes, # of Visits:
Have you had Home Healthcare in the last 30 days? ☐ Yes ☐ No If yes, Home Healthcare Provider:	

INSURANCE INFORMATION Please Note: A copy of your insurance card(s) will be kept on file. The patient is responsible to provide their most current insurance information.

Primary Insurance:		Secondary Insurance:	
Group #:	Policy #:	Group #:	Policy #:
Insured Information:		Insured Information:	

Consent to Treat/Assignment of Benefits/Acknowledgements

I hereby authorize and consent to treatment/services for myself, or on behalf of the above-named patient performed by the staff at Shea Physical Therapy and Hand Therapy Services (Shea PT) and/or as directed by my referring provider. I understand that I have the right to ask and have any questions answered prior to receiving any treatment, including risk or alternatives to the recommended treatment plan.

I assign payment for these services directly to Shea PT. I authorize the filing of claims to my insurance plan and authorize Shea PT to release necessary health information related to these services to process the claims. I certify that the information I have provided is accurate and complete.

In signing this form, I will promptly pay any required co-pay, coinsurance and/or deductible amounts. I accept that insurance plans may deny payments for what I believe were covered services, resulting in my responsibility for paying for these services.

I acknowledge that I have received the Notice of Privacy Practices, which describes the ways the practice may use or disclose my healthcare information. I understand that my healthcare information may be used for treatment, payment, healthcare operations and other permitted uses or disclosures as described in the Notice.

______________________________ ______________

Signature of Patient/Guardian Date

______________________________ ______________

Print Name Relationship to the Patient

Shea Physical Therapy | Hand Therapy Services OF CORPUS CHRISTI

Patient name:	**DOB:**

Authorization for Communication

By providing my above contact information and signing below, I consent and authorize Shea PT and its related entities, agents, contractors, including but not limited to scheduling, billing, and other departments to use automated telephone dialing systems, SMS text messaging, (if opted in) and electronic mail to (1) provide messages (including prerecorded messages or text messages, (if opted in)) to me about appointment reminders, patient surveys, my account, payment due dates, missed payments, information for or related to medical goods and/or therapy services provided, exchange information, changes to health care law, health care coverage, care follow-up, and other healthcare information or (2) provide messages (including pre-recorded messages) during a call or via text message, (if opted in) that delivers a 'health care' message made by, or on behalf of, a 'covered entity' or its 'business associate' as those terms are defined in the HIPAA Privacy Rule, 45 CFR 160.103. I understand that providing a telephone number and/or email address is not a condition of receiving medical services.

I also understand that I may revoke my consent to contact at any time by directly contacting Shea PT or using the opt-out method that will be identified in the applicable communication. I also understand that it is my responsibility to notify Shea PT immediately of any change in telephone number or email address.

Please check the box below to opt in to receive messaging.

- ☐ **I consent** to receiving text messages about care, appointment reminders, and important health reminders From Shea PT at the phone number I provided. I acknowledge that my consent is not a condition of purchase. Message & data rates may apply. Message frequency varies. You can reply HELP for support or STOP to opt out of receiving messages. To learn more about how we handle your data please view our privacy policy here. https://sheaphysicaltherapy.com/wp-content/uploads/sites/8/2026/04/Shea-Website-Privacy-Policy-Terms-11-2025.pdf

- ☐ **I do not** consent to receiving text messages.

Patient/Guardian Signature: Date:

Release of Information

I hereby authorized Shea PT to discuss my personal healthcare information regarding my treatment including diagnosis/prognosis and/or billing and payment for services rendered on my behalf to the person(s) listed below.

Name (print)	Relationship	Phone number
Name (print)	Relationship	Phone number
Name (print)	Relationship	Phone number

Patient/Guardian Signature: Date:

Shea Physical Therapy | Hand Therapy Services OF CORPUS CHRISTI

Patient name:	**DOB:**

Financial Policy
Payment for services is due at the time services are rendered We will verify your benefits with your insurance carrier. However, this does not guarantee that they will cover the prescribed treatment. By signing below, you are acknowledging that you are responsible for deductibles, copays, coinsurance, and non-covered services not paid by the insurance carrier and understand that you are fully responsible for any balance due for services rendered.
Patient/Guardian Signature: Date:

Cancellation/No Show Policy and Fee Acknowledgement

It is the policy of Shea PT to monitor and manage appointment no-shows and late cancellations. Regular attendance at therapy sessions is crucial for you to recover fully and return to the activities you love. When an appointment is missed, it's a missed opportunity for progress in your recovery, and it impacts our ability to accommodate other patients who may need urgent care.

If you need to cancel or reschedule, please call the clinic.

Scheduled appointments must be cancelled or rescheduled at least 24 hours prior.

Failure to attend your appointment without 24-hour notice may result in a fee of $50 that will be charged directly to you as the patient (not insurance) for each instance of a missed appointment.

Signature of patient/authorized representative ____________________ Date ____________________

Printed name ____________________ Relationship to patient ____________________

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Patient name:	**DOB:**

PATIENT HEALTH QUESTIONNAIRE

Occupation: Height: Weight: Sex: ☐ Male ☐ Female

Leisure Activities/Hobbies: Are you? ☐ Right-handed ☐ Left-handed

Where do you live? ☐ Private Home ☐ Apartment/Rented Room ☐ Assisted Living/Group Home ☐ Hospice ☐ Other:

With whom do you live? ☐ Alone ☐ Spouse Only ☐ Spouse and Others ☐ Child ☐ Other:

Does your home have? ☐ Stairs, No Railing ☐ Stairs, Railing ☐ Ramps ☐ Uneven Terrain
Please Explain:

How many times have you fallen in the past 12 months? Did it result in an injury? ☐ Yes ☐ No

During the past month have you been feeling down, depressed, or hopeless or bothered by having little interest or pleasure in doing things? ☐ Yes ☐ No

General Health Status: Please rate your health. ☐ Excellent ☐ Good ☐ Fair ☐ Poor

Please list any known allergies (including medications, latex, etc.) below.

Social History / Wellness

Do you drink alcoholic beverages? ☐ Yes ☐ No	Do you use tobacco? ☐ Yes ☐ No

How often have you completed at least 20 minutes of exercise, such as jogging, cycling, or brisk walking, prior to the onset of your condition? ☐ At least 3 times per week ☐ 1-2 times per week ☐ Seldom or Never

Surgery / Hospitalization, Please Include Date and Reason.	

Please list current medications (including prescription, over the counter, and herbal). You can also provide our office staff a list to copy.

Name	Dosage	Frequency	Please Indicate Route
			Oral Patch Topical Other
			Oral Patch Topical Other
			Oral Patch Topical Other
			Oral Patch Topical Other

Are you currently experiencing any of the following?			
Nausea or Vomiting	☐ Yes ☐ No	Chest Pains (Angina)	☐ Yes ☐ No
Productive/Chronic Cough	☐ Yes ☐ No	Pain Wakes Me at Night	☐ Yes ☐ No
Difficulty Swallowing	☐ Yes ☐ No	Recent Fever, Chills, Sweats	☐ Yes ☐ No
Dizzy Spells	☐ Yes ☐ No	Difficulty Sleeping	☐ Yes ☐ No
Headaches	☐ Yes ☐ No	Shortness of Breath	☐ Yes ☐ No
Visual Problems	☐ Yes ☐ No	Heart Palpitations	☐ Yes ☐ No
Hearing Loss/Ringing in Ears	☐ Yes ☐ No	Loss of Appetite	☐ Yes ☐ No
Difficulty Walking	☐ Yes ☐ No	Incontinence	☐ Yes ☐ No
Unusual Weakness	☐ Yes ☐ No	Fatigue or Myalgia	☐ Yes ☐ No
Joint Pain or Swelling	☐ Yes ☐ No	Unexplained Weight Changes	☐ Yes ☐ No

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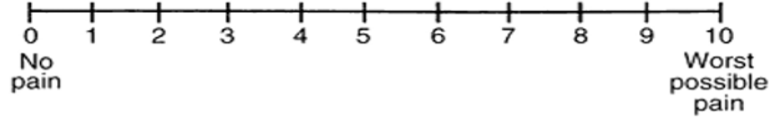
Patient name:		**DOB:**	
Have you been diagnosed with any of the following?			
Allergies	☐ Yes ☐ No	Hearing Loss	☐ Yes ☐ No
Anemia	☐ Yes ☐ No	High Blood Pressure	☐ Yes ☐ No
Alzheimer's	☐ Yes ☐ No	HIV	
Hepatitis, If Yes, Type:	☐ Yes ☐ No	Tuberculosis	☐ Yes ☐ No
Respiratory Problems	☐ Yes ☐ No	Kidney Disease/Problems	☐ Yes ☐ No
Auto Immune Disease If yes, Type:	☐ Yes ☐ No	Spinal Cord Stimulator	☐ Yes ☐ No
Blood Clots	☐ Yes ☐ No	Vision Problems	☐ Yes ☐ No
Bowel or Bladder Disorder	☐ Yes ☐ No	Osteopenia/Osteoporosis	☐ Yes ☐ No
Cancer, If yes, Site:	☐ Yes ☐ No	Rheumatoid Arthritis	☐ Yes ☐ No
Cardiac Conditions	☐ Yes ☐ No	Parkinson's	☐ Yes ☐ No
Cardiac Pacemaker	☐ Yes ☐ No	Peripheral Vascular Disease	☐ Yes ☐ No
Currently Pregnant	☐ Yes ☐ No	Seizures	☐ Yes ☐ No
Dementia	☐ Yes ☐ No	Stroke/TIA	☐ Yes ☐ No
Depression	☐ Yes ☐ No	Speech Problems	☐ Yes ☐ No
Diabetes	☐ Yes ☐ No	Other:	☐ Yes ☐ No
Fractures	☐ Yes ☐ No	List	

Current Condition
Do you know how your lymphedema developed? Please describe:
How long have you had lymphedema? ________________
Lymphedema of: ☐ Left Arm ☐ Right Arm ☐ Left Leg ☐ Right Leg ☐ Head/Neck ☐ Genital ☐ Other:
Breast Surgery: ☐ Right side, year __________ ☐ Left side, year __________ ☐ Both, year __________ ☐ Lumpectomy ☐ Modified/radical ☐ Simple/total mastectomy ☐ Axillary node dissection ☐ Sentinel Node biopsy
Abnormal Surgery: ☐ Pelvic resection, date _______________ ☐ Hysterectomy, date _______________ ☐ Other abnormal surgeries, please list/date:
Have you had: ☐ Chemotherapy Number of treatments: __________ Year __________ ☐ Radiation Number of treatments: __________ Year __________ ☐ Infections Antibiotics: ____
Have you ever had previous intervention for your lymphedema? ☐ Yes ☐ No If so, please indicate below ☐ Pump, what kind: ______________________________________ ☐ Garments, what kind: ____________________________________ ☐ Diuretics: ____ ☐ Other: ____
Do you have any pain associated with your lymphedema? ☐ Yes ☐ No
What kind of pain do you feel?
What relieves your pain?
What aggravates your pain?
Have you ever leaked lymph fluid? ☐ Yes ☐ No
Have you ever had open sores on your affected limb? ☐ Yes ☐ No
What is your daily lifting activity? ☐ Light ☐ Moderate ☐ Heavy
What tests/studies have been done for your lymphedema?
What can't you do because of your lymphedema?
What are your goals for therapy?

Patient name:	**DOB:**
Please rate your pain - on a scale from 0 – 10 – circle (0 = No Pain; 10 = Worst pain imaginable)	



I will advise the therapist if there is any change in my physical condition which will alter my response to any of the questions on this form.

Signature: ____ Date: ______________________

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Listed below are symptoms or problems reported by many individuals with lymphedema. Please indicate to what extent these problems associated with your lymphedema have affected you in the past week. Circle the number which best describes your symptom level.

Patient name:					**DOB:**
Physical Concerns – *Please circle*					
1. The amount of pain associated with my lymphedema is:					
0 No pain	1	2	3	4	5 Severe pain
2. The amount of limb heaviness associated with my lymphedema is:					
0 No heaviness	1	2	3	4	5 Extremely heavy
3. The amount of skin tightness associated with my lymphedema is:					
0 No tightness	1	2	3	4	5 Extremely tight
4. The size of my swollen limb(s) seems:					
0 Normal size	1	2	3	4	5 Extremely large
5. Lymphedema affects the movement of my swollen limb(s):					
0 Normal movement	1	2	3	4	5 Movement extremely limited
6. The strength in my swollen limb(s) is					
0 Normal strength	1	2	3	4	5 Extremely weak
Psychosocial Concerns – *Please circle*					
7. Lymphedema affects my body image (how I think I look):					
0 Not at all	1	2	3	4	5 Completely
8. Lymphedema affects my socializing with others					
0 No interference	1	2	3	4	5 Interferes completely
9. Lymphedema affects my intimate relations with spouse or partner (rate 0 if not applicable)					
0 No interference	1	2	3	4	5 Interferes completely
10. Lymphedema "gets me down" (i.e., I have feelings of depression , frustration, or anger due to the lymphedema).					
0 Never	1	2	3	4	5 Constantly
11. I must rely on others for help due to my lymphedema.					
0 Not at all	1	2	3	4	5 Completely
12. I know what to do to manage my lymphedema					
0 Good understanding	1	2	3	4	5 No understanding
Functional Concerns - *Please circle*					
13. Lymphedema affects my ability to perform self-care activities (i.e., eating, dressing, hygiene).					
0 No interference	1	2	3	4	5 Interferes completely
14. Lymphedema affects my ability to perform routine home or work-related activities.					
0 No interference	1	2	3	4	5 Interferes completely
15. Lymphedema affects my performance of preferred leisure activities.					
0 No interference	1	2	3	4	5 Interferes completely
16. Lymphedema affects the proper fit of clothing/shoes.					
0 Fits normally	1	2	3	4	5 Unable to wear
17. Lymphedema affects my sleep.					
0 No interference	1	2	3	4	5 Interferes completely
Infection Occurrence - *Please circle*					
18. In the past year, I have become ill with an infection in my swollen limb requiring oral antibiotics or hospitalization.					
0	1x	2x	3x	4 or more	

Lymphedema Consent

Patient Name: ____ DOB: ______________________

Successful treatment of lymphedema requires commitment and dedication of the patient and therapist. It is to be understood that this program is not a cure, but a maintenance program and you will be responsible for keeping your condition under control for the rest of your life. Reduction of edema not only improves the patient's quality of life but also decreases the incidence of severe secondary infections. If you are treated by Shea PT, you will be required to follow a specific program at the office and at home.

Lymphedema is an abnormal buildup of fluid, protein and cellular waste (called lymphatic fluid) in the tissues, causing part of your body to swell. The goal of rehabilitation is to help you improve the function of the affected areas, manage the swelling and improve your quality of life.

Treatments for lymphedema may include:

- Pre- and post-operative assessment and education for specified cancer diagnoses
- Complete decongestive therapy
- Compression garment recommendations, fitting and training
- Kinesio Tape to relieve pain and reduce swelling
- Customized exercise plans
- Skin care and education
- Pneumatic sequential pumps
- Manual lymphatic drainage
- Compression bandaging
- Soft tissue and scar mobilization
- Self-care education

Please initial.

__________ I have been informed that the treatment of lymphedema – compression bandaging, and instructions in exercise and self-care – requires daily appointments (Monday-Friday) before the treatment sequence tapers to 2-3 appointments/week, until my custom garment(s) arrive.

__________ After my treatments with the physical/occupational therapists, I'll be required - to the best of my abilities – to perform a self-care protocol which consists of daily wear of daytime and nighttime garments and any other recommendations taught during my therapy visits.

This consent form has been explained to me and certify that I fully understand its contents. I have had the opportunity to ask questions about the above information, and I know that I can ask any questions that I have, because of the treatment or further discussion, at a later date.

____ ____________________

Patient signature Date