



Shea Physical  
Therapy



Hand Therapy  
Services  
OF CORPUS CHRISTI

**PATIENT INFORMATION:**

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ A.K.A \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Male / female      Married /Single / Widowed      Which is your dominant hand? Right / Left

Employer: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Race: \_\_\_\_ American Indian/Alaska Native \_\_\_\_ Asian \_\_\_\_ Black/African American \_\_\_\_ White  
\_\_\_\_ More than one race \_\_\_\_ Native Hawaiian \_\_\_\_ Pacific Islander \_\_\_\_ Unreported/Refused to report  
Ethnicity: \_\_\_\_ Hispanic/Latino \_\_\_\_ Non-Hispanic/Latino \_\_\_\_ Unreported/Refused to report

PRIMARY Insurance: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Date of Surgery: \_\_\_\_\_

**Guarantor's Information:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Relationship: \_\_\_\_\_

SECONDARY Insurance: \_\_\_\_\_

**Guarantor's Information:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Relationship: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_

EMERGENCY CONTACT: Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_



**Please answer the following questions:**

Briefly describe your injury: \_\_\_\_\_

Have you had surgery? \_\_\_\_ Yes \_\_\_\_ No If yes, when? \_\_\_\_\_

Are you taking medication for:

\_\_\_\_ Pain                      \_\_\_\_ Diabetes                      \_\_\_\_ Blood Pressure                      \_\_\_\_ Cholesterol  
\_\_\_\_ Heart                      \_\_\_\_ Thyroid                      \_\_\_\_ Vertigo                      \_\_\_\_ Blood Thinner  
\_\_\_\_ Rheumatoid Arthritis      Other: \_\_\_\_\_

In general, you would rate your overall health as: \_\_\_\_ Excellent \_\_\_\_ Good \_\_\_\_ Fair \_\_\_\_ Poor

Have you ever experienced heart problems, including heart surgery? \_\_\_\_ Yes \_\_\_\_ No

Do you have a pacemaker? \_\_\_\_ Yes \_\_\_\_ No

Have you ever tested positive for tuberculosis? \_\_\_\_ Yes \_\_\_\_ No

Do you have diabetes? \_\_\_\_ Yes \_\_\_\_ No

Do you have a history of seizures? \_\_\_\_ Yes \_\_\_\_ No

Do you have a history of dizziness? \_\_\_\_ Yes \_\_\_\_ No

Do you have a history of hypertension? \_\_\_\_ Yes \_\_\_\_ No

Do you have any joint problems, muscle problems or injuries? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain: \_\_\_\_\_

Are you allergic to Latex? \_\_\_\_ Yes \_\_\_\_ No

Do you have neck problems including neck surgery? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain: \_\_\_\_\_

What are your hobbies/sports? \_\_\_\_\_

Are you able to perform them at this point? \_\_\_\_ Yes \_\_\_\_ No

If employed, are you working at this time? \_\_\_\_ Yes \_\_\_\_ No

If yes: \_\_\_\_ Light Duty      \_\_\_\_ Modified Duty      \_\_\_\_ Regular Duty      \_\_\_\_ Not Employed

In the past year, did you see a therapist or a chiropractor regarding this injury before your doctor referred you to us? \_\_\_\_ Yes \_\_\_\_ No

If yes, how many visits? \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

THE

# QuickDASH

OUTCOME MEASURE

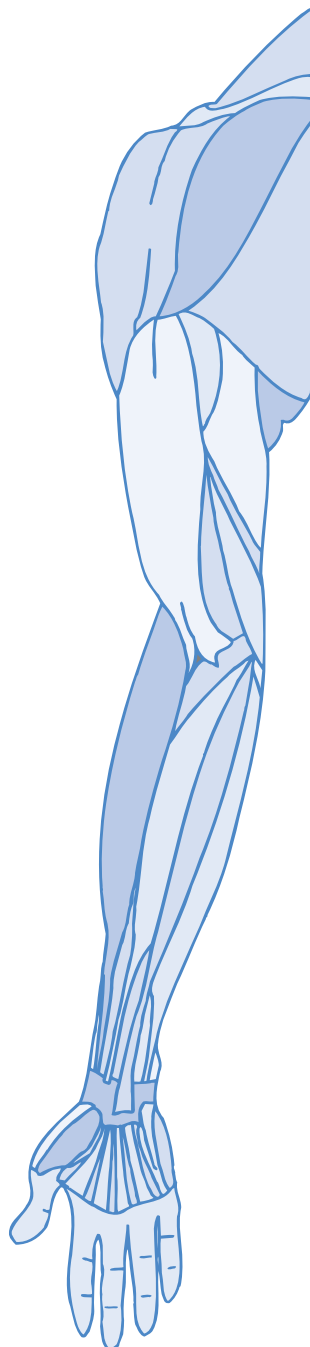
## INSTRUCTIONS

This questionnaire asks about your symptoms as well as your ability to perform certain activities.

Please answer *every question*, based on your condition in the last week, by circling the appropriate number.

If you did not have the opportunity to perform an activity in the past week, please make your *best estimate* of which response would be the most accurate.

It doesn't matter which hand or arm you use to perform the activity; please answer based on your ability regardless of how you perform the task.



# QuickDASH

Please rate your ability to do the following activities in the last week by circling the number below the appropriate response.

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. Open a tight or new jar.	1	2	3	4	5
2. Do heavy household chores (e.g., wash walls, floors).	1	2	3	4	5
3. Carry a shopping bag or briefcase.	1	2	3	4	5
4. Wash your back.	1	2	3	4	5
5. Use a knife to cut food.	1	2	3	4	5
6. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.).	1	2	3	4	5

	NOT AT ALL	SLIGHTLY	MODERATELY	QUITE A BIT	EXTREMELY
7. During the past week, <i>to what extent</i> has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups?	1	2	3	4	5

	NOT LIMITED AT ALL	SLIGHTLY LIMITED	MODERATELY LIMITED	VERY LIMITED	UNABLE
8. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem?	1	2	3	4	5

Please rate the severity of the following symptoms in the last week. (circle number)

	NONE	MILD	MODERATE	SEVERE	EXTREME
9. Arm, shoulder or hand pain.	1	2	3	4	5
10. Tingling (pins and needles) in your arm, shoulder or hand.	1	2	3	4	5

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	SO MUCH DIFFICULTY THAT I CAN'T SLEEP
11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? (circle number)	1	2	3	4	5

QuickDASH DISABILITY/SYMPTOM SCORE =  $\left( \left[ \frac{\text{sum of n responses}}{n} \right] - 1 \right) \times 25$ , where n is equal to the number of completed responses.

A QuickDASH score may not be calculated if there is greater than 1 missing item.

**WORK MODULE (OPTIONAL)**

The following questions ask about the impact of your arm, shoulder or hand problem on your ability to work (including homemaking if that is your main work role).

Please indicate what your job/work is: \_\_\_\_\_

☐ I do not work. (You may skip this section.)

Please circle the number that best describes your physical ability in the past week.

Did you have any difficulty:	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. using your usual technique for your work?	1	2	3	4	5
2. doing your usual work because of arm, shoulder or hand pain?	1	2	3	4	5
3. doing your work as well as you would like?	1	2	3	4	5
4. spending your usual amount of time doing your work?	1	2	3	4	5

**SPORTS/PERFORMING ARTS MODULE (OPTIONAL)**

The following questions relate to the impact of your arm, shoulder or hand problem on playing *your musical instrument or sport or both*. If you play more than one sport or instrument (or play both), please answer with respect to that activity which is most important to you.

Please indicate the sport or instrument which is most important to you: \_\_\_\_\_

☐ I do not play a sport or an instrument. (You may skip this section.)

Please circle the number that best describes your physical ability in the past week.

Did you have any difficulty:	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. using your usual technique for playing your instrument or sport?	1	2	3	4	5
2. playing your musical instrument or sport because of arm, shoulder or hand pain?	1	2	3	4	5
3. playing your musical instrument or sport as well as you would like?	1	2	3	4	5
4. spending your usual amount of time practising or playing your instrument or sport?	1	2	3	4	5

**SCORING THE OPTIONAL MODULES:** Add up assigned values for each response; divide by 4 (number of items); subtract 1; multiply by 25.

An optional module score may not be calculated if there are any missing items.



### **Policy for *Cancellations* and *No Shows*:**

These policies have been developed to assist our therapist in scheduling their patients efficiently so that each of you will be given the appropriate time when you arrive for your treatment session. We appreciate you assisting us in the matter of *Cancellations* and *No Shows* for our operation.

1. We will request a 24-hour notice in the event of a *cancellation*. It is the patient's responsibility to call in and have an alternate day/time in mind that will ensure that you get the full prescribed number of treatments.
2. Please understand that when you do *Not Show*, three people are affected.
  - A. First, the patient. Because you do not get the treatment you need as prescribed by your doctor.
  - B. Second, the therapist. Who now has a space in their schedule since that time was reserved for you personally.
  - C. Third, another patient could have been scheduled for treatment if there had been proper notice.

Should you have to reschedule, please understand that you may need to see a clinician other than the one who normally treats you as a result of rearranging the appointment period. All our clinicians are experienced professionals that will study your chart before your appointment. You will return to the original clinician in the next regularly scheduled visit.

Should you need to *Cancel* or *Change* an appointment, please contact our office directly *Shea Physical Therapy (361-994-5224)* or *Hand Therapy Services of Corpus Christi (361-992-1435)*. Again, this policy is to assist our facility to offer you the patient a much more efficient operation. We strive to minimize the amount of wait time that you may have in our lobby by keeping our therapists on a regular schedule.

We look forward to having the opportunity to work with you and assist you in your current therapy need.

Sincerely,  
Shea Physical Therapy &  
Hand Therapy Services of Corpus Christi

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Signature

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Date



**Shea Physical  
Therapy**



**Hand Therapy  
Services**  
OF CORPUS CHRISTI

## Consent to Treatment/Assignment of Benefits/Acknowledgements

I hereby authorize and consent to treatment/services for myself, or on the behalf of the above-named patient performed by the staff at Shea Physical Therapy/Hand Therapy Services and/ or as directed by my referring provider. I understand that I have the right to ask and have any questions answered prior to receiving treatment, including risk or alternatives to the recommended treatment plan.

I assign payment for these directly to Shea Physical Therapy/Hand Therapy Services. I authorize the filing of claims to my insurance plan and authorize Shea Physical Therapy/ Hand Therapy Services to release necessary health information related to these services to process the claims. I certify that the information I have provided is accurate and complete.

In signing this form, I will promptly pay any required co-pay, coinsurance and/ or deductible amounts. I accept that insurance plans may deny payments for what I believed were covered services, resulting in my responsibility for paying for these services.

I acknowledge that I have received the Notice of Privacy Practices, which describes the ways the practice may use or disclose my healthcare information. I understand that my healthcare information may be used for treatment, payment, healthcare operations and other permitted uses or disclosures as described in the notice.

## Summary of Benefits

Primary Insurance Coverage:

Deductible \$ \_\_\_\_\_ Met / Not Met Remaining Deductible \$ \_\_\_\_\_ Coverage \_\_\_\_\_%

Copay \$ \_\_\_\_\_ Out of Pocket \_\_\_\_\_ Met / Not Met Visit Limit \_\_\_\_\_

Dollar Amount \$ \_\_\_\_\_ Per calendar year. \_\_\_\_\_ Procedure(s) per visit

The following services are **NOT COVERED** by your insurance carrier:

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Secondary Insurance Coverage:

Deductible \$ \_\_\_\_\_ Met / Not Met Remaining Deductible \$ \_\_\_\_\_ Coverage \_\_\_\_\_%

Visit Limit \_\_\_\_\_ Secondary will pick up \_\_\_\_\_

## Terms of Benefits

This is an estimation of benefits given by your insurance company. This information is provided to you as a courtesy only. It is the patient's responsibility to check with their insurance company to verify benefits/coverage. Summary of benefits is not a guarantee of payment and is subject to change. I fully understand that any unpaid balances are my responsibility. I agree to the terms presented to me by Shea Physical Therapy/Hand Therapy Services of Corpus Christi.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



## Supplies/Home Equipment

Your insurance company may or may not cover certain supplies or home equipment issued to you by our facility. Supplies are those items required to carry out a specific treatment order (i.e. electrodes, lumbosacral rolls, instruction booklets, etc.). Home Exercise Equipment are those items which may be used to enhance your rehabilitation at home (i.e. theratubing, hand putty, weights, pulley, etc.).

We try to purchase these items in bulk thus reducing the cost of these items. This savings is then passed on to the patients. We try to keep the price of these items extremely fair as we realize the purchase of these items may become the patient's responsibility.

You always have the right to choose whether you would like to personally purchase the equipment should your insurance company not cover those items. The supplies, however, are required for your treatment and will be your responsibility should your insurance not cover those items.

Please check with the front desk concerning your insurance coverage. An itemized list of equipment and prices will be shown to you so that you may decide if you would like to purchase the item.

If you have any questions, please do not hesitate to discuss with our front office.

Thank you,

I have read and understand the above policy.

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Signature

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Date